



## HOW TO PREPARE FOR YOUR EXAM

# OBSTETRIC ULTRASOUND (NON-ROUTINE FOR DATING/VIABILITY)

---

This type of ultrasound is used during pregnancy and is a safe and noninvasive way to examine the fetus. Measurements are taken for the assessment of gestational age, size and growth of the fetus. Routinely, the viewing screen will not be turned on.

### PREPARATION:

- Your bladder must be **uncomfortably full** for this exam, otherwise the exam may be non-diagnostic and will need to be rescheduled! Fluid in the bladder optimizes images of the desired anatomy because we use the bladder as an imaging window.
  - No voiding (going to the bathroom) for **1 1/2 hours** prior to your exam.
  - Starting **1 1/2 hours** prior to your exam, drink **4** eight ounce glasses (**32 ounces in total**) of clear liquid finishing **1 hour** before your appointment (it should take you **30 minutes** to drink your liquid).
  - Please report to the Ultrasound check-in **15 minutes before** your appointment time.
  - **At the request of the patient**, one other **ADULT** may observe part of an obstetrical scan.
  - You will receive a reminder call the business day prior to your exam.
- 

### PLEASE NOTE:

We charge **\$50.00 for missed appointments** or for cancellations with less than 24 hours notice.

### **CHILD CARE IS NOT AVAILABLE IN THE IMAGING DEPARTMENT.**

Please make alternate arrangements for any small children (not being scanned) or your appointment may be cancelled resulting in a \$50 charge.

**IF THESE INSTRUCTIONS ARE NOT CLEAR, PLEASE CALL US AT 250-563-0635 Local 222**

---

**Phoenix Medical Imaging**

101 - 2155 10th Ave, Prince George BC V2M 5J6