HOW TO PREPARE FOR YOUR EXAM

ENDOVAGINAL/TRANSVAGINAL ULTRASOUND

This ultrasound is usually ordered by a specialist. The endovaginal ultrasound uses a small, wand-like transducer, or probe, which is inserted into the vaginal cavity. This allows for closer access to the structures that need evaluation. Most women find this examination more comfortable than a PAP test.

PREPARATION:

• Little preparation is needed – this exam is done with an empty bladder.

• You will need to undress from the waist down and lie face up on the examination table.

• The sonographer will leave the room while you undress and will give you a sheet to cover yourself. This sheet remains in place while the examination is being performed.

• A bolster will be placed under your hips to tilt the pelvic area upward to facilitate use of the probe – both for insertion and for the ultrasound process itself.

• You must be able to insert the probe yourself after which the sonographer will take control of it. The process is similar to the insertion of a tampon. The probe, which is thoroughly sterilized between each use, will be protected by a condom.

• Please report to the Ultrasound check-in 15 minutes before your appointment time.

• You will receive a reminder call the business day prior to your exam.

PLEASE NOTE:

We charge $50.00 for missed appointments or for cancellations with less than 24 hours notice.

CHILD CARE IS NOT AVAILABLE IN THE IMAGING DEPARTMENT.
Please make alternate arrangements for any small children (not being scanned) or your appointment may be cancelled resulting in a $50 charge.

IF THESE INSTRUCTIONS ARE NOT CLEAR, PLEASE CALL US AT 250-563-0635 Local 222